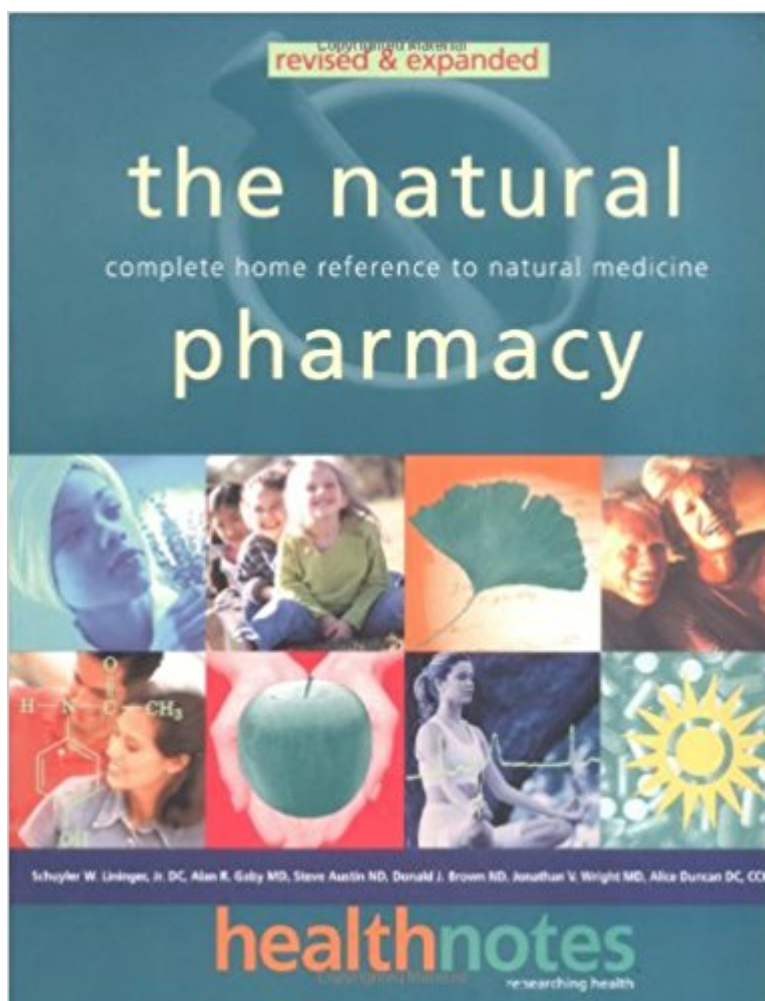




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The Natural Pharmacy: Complete Home Reference To Natural Medicine



Synopsis

Imagine having some of the most trusted and respected experts in natural medicine talk to you about your health concerns. For The Natural Pharmacy, several highly qualified experts in the field have come together to create a natural health information resource that is comprehensive and user-friendly. Based on the information from Healthnotes Online, this book is a standard for accurate, fully referenced, and up-to-date health information. Now in its second edition, The Natural Pharmacy is increasingly where people turn for natural healthcare answers. • It's Healthnotes Online in book form! • 2nd edition • NEW and expanded • covers all major ailments and conditions • Includes herbs, vitamins, minerals, and homeopathic remedies • Easy-to-find info on dosages and side effects "The Natural Pharmacy delivers scientifically sound information from leading experts. In fact, the greatest accomplishment of the The Natural Pharmacy is that it provides a clear, concise interpretation of the science behind natural medicine." • Michael T. Murray, ND, author of The Encyclopedia of Natural Medicine and The Healing Power of Herbs "From the foremost experts on herbs, homeopathy, and nutrition, this reference is an excellent source book for help with the most common health conditions. I think you'll find yourself turning to this book often." • James A. Duke, PhD, Medical Botanist USDA (ret), author of The Green Pharmacy "A handful of doctors • including the authors of this fine reference book • have pioneered the use of natural therapies. The Natural Pharmacy will facilitate the acceptance of these beneficial natural therapies and give readers a useful road map as they join us on 'the road less traveled.'" • Julian Whitaker, MD, Editor, Health and Healing newsletter "Don't be misled by the title; this isn't just about herbs and vitamins. With a list of contributors that reads like a 'Who's Who' of natural medicine, this superb guide thoroughly covers clinically proven natural treatments for most common medical conditions. An easy-to-use, valuable resource for consumers and practitioners alike. Recommended." • Library Journal

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Customer Reviews

Don't be misled by the title; this isn't just about herbs and vitamins. With a list of contributors that reads like a "Who's Who" of natural medicine, this superb guide thoroughly covers clinically proven natural treatments for most common medical conditions. An easy-to-use, valuable resource for consumers and practitioners alike. Recommended. [A new revised and updated edition is coming in August 1999.AEd.] Copyright 1999 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

It's Like Having the World's Most Respected Health Experts at Your Fingertips

The more I am trying to find natural solutions to minor health things that do not indicate the need for a visit to my doctors, I find this book to be extremely useful. If it doesn't have a complete solution it gives you enough to become aware of the ailment and its definition, and many facts. The book is filled with some very helpful information and it seems more useful than other Homeopathic books. I'm just getting started using it and see I will be using this book as a main resource to day to day illness. If you care about your health and want to take back control this book gives you some great information but also gives enough information to know when you need professional advise and help.

After several negative experiences with local doctors, I decided to look into alternative medicines. I spent a lot of time in Barnes and Noble reading a number of books. I purchased many books over the internet, including from . THIS is the book that I go to whenever I have a question. THIS is the book I buy and give to other people. THIS is the book that answers my questions. THIS is the book that lists what happens if you take too much of an herb or vitamin. THIS is the book that gives you the history and practical uses for the herbs and vitamins. THIS is the book that you can look up problems in and see what herbs/vitamins will help you. If you buy one book about herbs and vitamins then THIS should be that book!!

Good information, outdated

Not totally disappointed. I knew that it was old, and possibly out of print. I saw it in my doctor's office, and I bought it simply out of curiosity. For the price, it did the job.

Very good reference book

this book is great, really helped me to understand natural herbs and the effect they have on ones' health. many insights on the human body and it's response to natural medical regimes. very knowledgeable and helpful when deciding what course to take. (along with dr.s' approval) speedy delivery and well packaged

What a great book! I absolute love this book. So many great tips and home remedies. I'd rather take the holistic approach first before taking antibiotics. So far I have managed not to take antibiotics for two years now!

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